

Caring for Our Neighbors Since 1975





ALIVE'S OFFICES

Main Office

1718 Patterson Street, Nashville, TN 37203

Main Phone (24/7): 615-327-1085

Franklin Office

1897 General George Patton Drive, Suite 116,
Franklin, TN 37067 | 615-567-6017

Hendersonville Office

230 New Shackle Island Road, Suite 150,
Hendersonville, TN 37075 | 615-346-8630

Lebanon Office

205 West High Street, Suite 102
Lebanon, TN 37087 | 615-784-4555

Murfreesboro Office

1629 Williams Drive, Murfreesboro, TN 37129
615-896-4663

DEDICATED INPATIENT FACILITIES

Nashville Residence (30 beds)

1710 Patterson Street, Nashville, TN 37203
615-963-4800

Murfreesboro Residence (16 beds)

1629 Williams Drive, Murfreesboro, TN 37129
615-890-6158

NOTE: Over 90% of Alive Hospice's care is provided
in private homes.

NURSE LINE AND REFERRALS

Call Center/Nurse Line: 615-346-8704

Intake/Referrals: 615-250-1348

Referral fax: 615-963-4807

ALIVE GRIEF SUPPORT

Alive Grief Center

1721 Patterson Street, Nashville, TN 37203

Griefline: 615-963-4732

Grief counseling and support available at all
of our offices

AliveHospice.org/griefsupport

At Alive, "Caring for Our Neighbors Since 1975" reflects the heart of our mission. For nearly 50 years, our staff, volunteers, donors, and community partners have come together to provide comfort, dignity, and compassionate end-of-life care to those who need it most. Every hand held, every story listened to, and every act of kindness strengthens the bond we share with our community, ensuring that no neighbor faces the end of life alone.

Alive's Mission: We provide loving care to people with life-threatening illnesses, support to their families, and service to the community in a spirit of enriching lives.

Want to donate? You can make a
donation online: AliveHospice.org/Give

Alive is a 501(c)(3) charitable nonprofit. Alive is a trademark of Alive Hospice, Inc., and is registered in the United States Patent and Trademark Office.





Letter from Claire Haltom, *Alive Board Chair*

Dear Friends of Alive,

It is my honor to share Alive's 2024 Annual Report with you. This year, we celebrate the simple yet profound truth that has guided us for nearly 50 years: Caring for our neighbors changes lives.

In 1975, Alive began as a 100% volunteer effort. Neighbors came together to ensure that no one in Middle Tennessee would face the end of life alone. Nearly five decades later, that same spirit is alive in everything we do - from the care our teams provide to the generous support we receive from our community.

In 2024, we cared for nearly 5,000 patients, held over 2,000 individual grief counseling sessions, and relaunched our popular "Lunch and Learn" educational series to help our community navigate conversations around end-of-life care. We also hosted a successful fundraiser for new iPads for our care teams, raising over \$10,000 to provide technology that helps our staff spend more time where it matters most, at the bedside. In total, \$2,562,997 was raised to sustain our mission.

This year's report also highlights the incredible contributions of our volunteers. Their stories remind us that caring for our neighbors is more than a mission statement; it's a way of life. As one volunteer shared, "By volunteering at Alive, I believe I have finally found my purpose in life." From holding a hand to sharing a story, our volunteers' acts of kindness ripple through our community, creating comfort and connection when it's needed most.

Throughout 2024, we continued our commitment to listening and learning, hosting listening sessions with staff, care partners, and community members to ensure that Alive continues to meet the evolving needs of the neighbors we serve.

These conversations reaffirmed that our greatest strength lies in the compassion and dedication of the people who make up the Alive community - staff, volunteers, donors, and friends like you.

Thank you for walking alongside us. Your support ensures that Alive will continue to care for our neighbors with dignity, compassion, and heart for the next 50 years and beyond.

With gratitude,

A handwritten signature in black ink that reads "Claire Haltom". The script is elegant and cursive.

Claire Cowart Haltom

Alive Board Chair



Hospice Care

4,831 patients and their families received care



We Honor Veterans

488 veterans received hospice care



Pediatric Hospice

31 pediatric patients and their families received care

Comfort and Care, Close to Home

For nearly 50 years, Alive has been caring for our neighbors across Middle Tennessee, walking alongside patients and families through life's most tender moments. Serving 12 counties, we are proud to provide more mission-based hospice and palliative care than any other hospice in Tennessee.

Our commitment to exceptional service is reflected in every aspect of our care:

Specialized Programs: We are home to the region's only dedicated pediatric and perinatal hospice team, and as a Level 4 We Honor Veterans partner, we ensure that those who served our country receive the recognition and care they deserve.

Trusted Excellence: We proudly hold the Joint Commission's Gold Seal of Approval and were recognized with the 2024 HOSPICE HONORS award, as well as voted "Best Hospice" in Rutherford, Sumner, Williamson, and Wilson counties.

Around-the-Clock Support: Our two home-like residences provide 24/7 care and caregiver respite, while more than 90% of our patients receive care in the comfort of their own homes. Through our Henry Hooker Alive Connect Telehospice system, patients can connect with a nurse anytime for urgent needs or meaningful moments.

Alive is here for our neighbors, ensuring dignity, comfort, and peace for every family we serve. Together, we are building a community where no one faces the end of life alone.





George's Legacy of Friendship and Love

At Alive, we believe in the power of community and the enduring strength of connection. George's story is a beautiful example of what it means to care for one another at life's most tender moments.

George was a retired physician, a world traveler who had visited all seven continents, and a lifelong learner who loved opera, art, and spirited conversation. In his later years, his life became quieter in the Nashville neighborhood he called home, with his closest family members living far away.

"It takes a village to care for someone as they are leaving the world." — Sue, Neighbor and Friend

That's when his next-door neighbor, Sue, stepped in—embodying the spirit of neighborly compassion that defines Alive's mission. Over six years, their friendship blossomed. "George was the smartest person I've ever met," Sue recalls. "He filled our yard with hostas, shared his life stories, and even planned our garden."

When George's health began to decline, Sue quietly began helping with errands, groceries, and household tasks. Respecting his independence, she offered support without intruding. As his needs increased, she rose to the challenge—coordinating care, managing his affairs, and ensuring he could remain in the home he loved with his two cherished cats.

Sue's efforts were supported by a network of friends, former students, and professional caregivers. Alive

provided expert care and guidance, helping make George's final days peaceful and full of love. "It takes a village to care for someone as they are leaving the world," Sue reflects. "Helping George was a true labor of love, and my life is richer because I knew him."

George's story reminds us that family isn't always about blood—it's about showing up for our neighbors when it matters most. Sue encourages others to connect with their neighbors, especially the elderly: "Talk to them, learn their stories, and understand their needs. You never know the impact you can make."

For nearly 50 years, Alive has been caring for our neighbors at the end of life, ensuring no one in Middle Tennessee faces their final days alone. Your support helps provide in-home care, grief counseling, and the compassionate services that allow stories like George's to unfold. Together, we can ensure that every member of our community receives the dignity, comfort, and care they deserve.



Compassionate Support Through Palliative Care

For nearly 50 years, Alive has been caring for our neighbors across Middle Tennessee, and our palliative care program continues that mission by providing expert support for patients facing serious illness. Unlike hospice care, palliative care can be provided alongside curative treatments and does not require a terminal diagnosis, helping patients manage symptoms, improve quality of life, and make care decisions that reflect their values and goals.

Our dedicated teams work closely with physicians, hospital staff, and families to ensure every patient receives care that addresses not just physical needs, but emotional and spiritual well-being, too.

Through palliative care, Alive helps neighbors navigate serious illness with dignity and comfort, reinforcing our commitment to provide expert, compassionate care at every stage of life.



Caring for Our Neighbors in Grief

Alive’s Grief Center is a vital resource for our Middle Tennessee community, offering support that goes far beyond the minimum standards for hospice care. While Medicare requires just one year of limited bereavement services for families of hospice patients, Alive provides comprehensive grief support to anyone in the community, thanks to the generosity of our donors and grant funding.

In 2024, our licensed grief counselors provided over 2,000 individual counseling sessions and continued to support our neighbors through:

- Support groups for adults, teens, and children
- Expressive arts workshops and wellness-based programs
- Camp Forget-Me-Not and other specialized programs for grieving children
- Education and training for schools, mental health professionals, and community partners

Alive is recognized as a Childhood Bereavement Changemaker, leading efforts to address the public health crisis of childhood grief. From one-on-one counseling to community education, our team ensures that no neighbor has to navigate grief alone.

Together, we provide hope, connection, and healing for anyone experiencing the pain of loss.



Grief Support

Grief Center

3,212 total served

2,381 individual counseling sessions


229 group sessions

Family and Children’s Program


6 districts served through school-based grief program and **129** sessions provided.

6 staff trainings with **649** participants

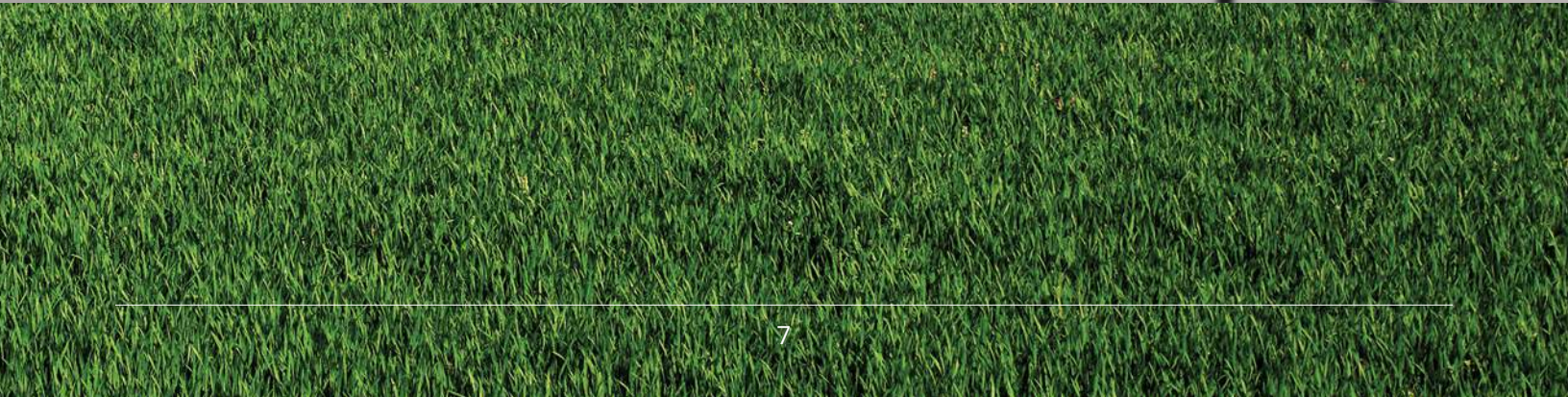
1 camp, **1** family retreat, **9** memorial services, and **5** workshops.



Over **150** s’mores devoured at camp



100 memorial luminaries lining the courtyards in honor of loved ones



Engaging and Educating Our Community

At Alive, caring for our neighbors extends beyond bedside care. We are committed to helping our community navigate conversations about illness, grief, and end-of-life care with confidence and compassion. Our Community Outreach and Education programs provide tools, knowledge, and meaningful opportunities to connect, empowering individuals and families to prepare for life’s most tender moments.

In 2024, we enhanced our efforts by updating our Community Education and Outreach Menu to include six new workshops designed to engage multiple departments across Alive. These interactive offerings foster deeper community understanding of topics such as advance care planning, grief support, palliative and hospice care, legacy building, and caregiver wellness.

We also relaunched Alive’s Lunch & Learn Series, highlighting the expertise of Alive staff and departments. These sessions provide accessible, practical education for community members and professionals alike, building awareness of the compassionate services Alive offers.

Thanks to the generosity of our donors, Alive continues to be a trusted resource for knowledge, connection, and preparation, helping neighbors face life’s most challenging moments with dignity and peace.



Community Education and Outreach

2,864 total participants

4 health fairs

33 education events

133 attendees at 2nd Annual Tennessee Conference on Grief

315 Advance Care Plan books distributed





Connecting Neighbors Through Technology to Enhance Care

In 2024, Alive took another step forward in caring for our neighbors thanks to the generosity of our donors. With your support, we surpassed our \$10,000 fundraising goal and purchased over 200 new iPads for our clinical teams.

These devices are now essential tools for our nurses, social workers, and chaplains in the field. With an iPad in hand, they can:

- Access health records securely during home visits
- Communicate seamlessly with families, colleagues, and providers
- Respond quickly to urgent needs or changes in patient care
- Support patients and caregivers with resources in real time

By equipping our teams with the technology they need, you've helped make care more efficient, connected, and responsive. Whether at a patient's bedside, in a hospital, or on a home visit, our staff can spend less time navigating logistics and more time providing the compassionate, personal care that defines Alive.

Your support makes moments like these possible, where innovation and compassion come together to ensure our neighbors receive the highest quality of care.

The Power of Neighborly Giving

In 2024, our incredible community of donors contributed \$2,562,997 to support Alive's mission of caring for our neighbors since 1975. This generosity allows us to provide services that far exceed Medicare standards, touching the lives of patients and families across Middle Tennessee during life's most tender moments.

This year, donor support made it possible to:

- Enhance grief counseling services, providing over 2,000 individual sessions for children, teens, and adults
- Expand community education and outreach, including the relaunch of our Lunch & Learn Series and six new multi-department workshops
- Provide financial assistance to ensure that no patient is ever turned away, regardless of their ability to pay

In 2024, we also celebrated a successful iPad fundraiser, raising over \$10,000 to equip our clinical teams with technology that helps them spend more time where it matters most, caring for patients and families.

Every gift makes a tangible difference, helping Alive deliver comfort, dignity, and connection to our neighbors. Your generosity ensures that no one in our community faces the end of life alone.



The Heart of Alive: Our Volunteers

Volunteers are a vital part of Alive, and our mission would not be possible without them. Serving in various capacities, our volunteers make a world of difference in the lives of our patients and their families. We are incredibly proud to have more volunteers than employees, a true testament to our value in the community and the impact of our work.

Many of our volunteers came to Alive after experiencing the compassionate care we provided to their loved ones. Touched by the support they received, these individuals are motivated to pay it forward by giving back through their time and efforts. Their dedication and generosity embody the spirit of unity and strength that defines Alive.

Our volunteers assist with patient care, offer administrative support, help with events, and provide companionship to those in our care. Their contributions are invaluable, bringing comfort, support, and joy to patients and families during some of their most challenging times. Their commitment not only enhances our ability to deliver exceptional care but also strengthens the bonds within our community.



Volunteer Support

6,347 volunteer hours of direct patient care, **\$383,284** cost savings.

1,274 hours dedicated to grief services.

2,423 hours providing services such as sewing or crocheting items for Alive patients.

610 hours of administrative support, including community education, attending health fairs, assisting with fundraising.



261 hours of support provided by our pet therapists.



Caring for Our Neighbors: *The Heart of Alive Volunteers*

When Alive began in 1975, it was powered entirely by volunteers, neighbors helping neighbors at the most tender moments of life. Nearly 50 years later, volunteers remain at the heart of our mission, bringing comfort, presence, and community to patients and families across Middle Tennessee.

This year, we spoke with several volunteers whose journeys began by caring for a friend, loved one, or neighbor. Their stories reflect what makes Alive so unique: a community of people willing to step in and offer presence, compassion, and connection when it's needed most.

“By volunteering at Alive, I believe I have finally found my purpose in life. It has helped me to be kinder and more compassionate to everyone I meet.”

— Suzy Roholt, Alive Volunteer

For **Suzy Roholt**, volunteering is a calling born from personal experience. After caring for her mother, a close friend, and a neighbor facing Alzheimer's disease, she felt led to give back in a more intentional way. Sitting with patients, holding a hand, or listening to their stories has taught her that “just being present and providing companionship is just as powerful as engaging in conversation.”

“For me, caring for our neighbors means creating and caring for a community.”

— Megan Morano, Alive Volunteer

Megan Morano's path to volunteering grew out of her work as a Death Doula and her deep desire to be part of a collective act of care. Volunteering with Alive allows her to step into spaces of vulnerability and support, helping to normalize conversations around death and grief. “Small, quiet contributions can make a big impact on someone's life,” she shared, reflecting on the meaningful moments she's had sitting with families and listening to their stories.

“I engage in the world differently by listening, breathing, noticing, and living intentionally, purposefully, and with a mission!!!”

— Teri Anderson, Alive Volunteer

For **Teri Anderson**, every visit is an opportunity to nurture connection and joy. From music sessions in memory care units to end-of-life doula work, she brings a holistic approach to caregiving. She believes that caring for neighbors is a community effort, “no one is alone in their role as a companion.”

Special thanks to all of our volunteers for their support!



“Your neighbor is everyone with whom you share contact. Caring is a smile, caring is the spoken word of kindness, caring is selfless acts of giving of oneself.”

— Josie Jacobs, Alive Volunteer

Josie Jacobs’ volunteer journey began with gratitude, first for the care Alive provided her mother and best friend, and later as a way to “give back what Alive had given to me and my loved ones.” She finds deep meaning in quiet moments of connection, whether holding a patient’s hand, reading aloud, or listening to caregivers share memories of their loved ones.

“Sharing compassion and love is free; it doesn’t cost you a thing, but what you get in return is priceless.”

— Juanita Copeland, Alive Volunteer

Juanita Copeland has spent more than a decade serving patients and families, often stepping in when someone is truly alone. From sitting vigil to fulfilling unique requests, like making sure a skunked family pet could rejoin its owner, her service embodies the spirit of neighborly love. She reminds others that being present and listening can transform the end-of-life experience for patients and families alike.

Neighbors at the Heart of Our Mission

Alive’s volunteers are more than helping hands; they are companions, advocates, and a living extension of our mission to ensure that no one faces the end of life alone.

Every hug, hand held, and story shared reflects nearly 50 years of community-driven care. In the words of Juanita Copeland, “I find that now I value authenticity in people because it is so very important to be real when you are dealing with someone facing the end of their life.”

Together, these volunteers embody the spirit of Alive and remind us that caring for our neighbors is not just a value, it’s a way of life.



Board of Directors

FOUNDERS

David Barton, MD

Lynn Barton, LCSW

The late John M. Flexner, MD

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President & Co-Founder PreferCare, Inc

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Shareholder, Baker, Donelson, Bearman,
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Poe Consulting, LLC

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Ex-officio
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Founder of Alive

Lynn Barton, LCSW
Co-Founder of Alive

Kerry Hamilton, President/CEO
and Ex-officio

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Managing Principle, Crosslin & Associates

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Owner of Culver Productions

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Community Leader

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Hanna Witherspoon
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General Counsel, Premise Health

John Zubkus, MD
Oncologist, Tennessee Oncology





Alive Hospice
**Founders Circle
of Giving**

The Founders Circle of Giving represents the roots of Alive's tree:

benefactors who have given a cumulative total of \$50,000 or more in support of our mission since Alive's founding in 1975.

Acadia Healthcare
Mr. and Mrs. J. Clark Akers III
Aladdin Industries Foundation, Inc.
Amazon
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AmSouth
Mary H. Andrews
Arby's Foundation
Ms. Clare C. Armistead
Ascension Health Ministry Svc Ctr
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Ellen K. Barton
Bass, Berry & Sims PLC
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Beaman Automotive Group
Alvin and Sally Beaman Foundation
Melba Blevins and the late Bill Blevins
BLP Serve Fund
Bluebird Cafe, Inc.
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Elizabeth Betty Brown
Martin S. Brown
Charles C. Cahn, Jr.
William H. Cammack
Stewart and Shanan Campbell
Jural Couey Carter Estate
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HCA Corporate
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Estate of Jack Holt
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Life Extension Foundation
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Warren and Beverly McPherson
Ms. Michelle McWhorter and the late R. Clayton McWhorter
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Mr. William Dortch Oldham

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Justin & Valere Blair Potter Foundation
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Ragland Corporation
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Shane and Amanda Reeves
Michael and Kate Regan
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Margaret Ann and Walter Robinson Foundation
Wanda Ross and the late Alton Ross
Ann Ross
Anne Russell and the late Joseph Russell
Saint Thomas Foundation
Sanft Family Fund*
Frederic and Lynn Scarola
Mary Schillig
The Estate of Linda C. Schuller
Serving our Seniors
Donald and Winnie Shaw
Helen and Ben Siler
Susan and W. Lucas Simons
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The William Stamps Farish Fund

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Stokes and Sarah Brown Charitable Foundation*
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Tennessee Oncology
Joyce P. Terris
Cal Turner Family Foundation
United Way of Greater Nashville
United Way of Middle Tennessee
United Way of South Central Tennessee
United Way of Wilson County
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Joni Werthan
West End Home Foundation
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Willis North America
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Don and Hanna Witherspoon
The Woman’s Club of Nashville
Woodfin Memorial Chapel, Inc
Kay Woodfin and the late John Woodfin
Ms. Beth Workman and Mr. Ned Braman
Robert K. and Anne H. Zelle Fund

**An asterisk denotes members added in 2024 to the Founder’s Circle of Giving.*

Annual Giving Societies

Every donor nourishes our organization, helping our roots grow deep and our branches grow tall. Your support makes our mission possible. The annual giving societies recognize gifts made for our general operating fund, programs, and capital campaign giving for Murfreesboro.

Evergreen Society (\$25,000 - \$49,999)

The evergreen tree is symbolic of perpetuity. Evergreen Society members have given \$25,000-\$49,999.

| | | |
|-------------------------|-----------------------------|--|
| BLP Serve Fund | Charles and Jennifer Harden | Stokes and Sarah Brown Charitable Foundation |
| The Bluebird Cafe, Inc. | Jackson National Life | |
| Dettwiller Foundation | Jennifer McMurray | United Way of Greater Nashville |
| Ann Hardeman and Combs | Frederic and Lynn Scarola | United Way of South Central Tennessee |
| Lawson Fort Foundation | | |

Oak Society (\$10,000 - \$24,999)

The oak tree is symbolic of courage. Oak Society members have given \$10,000-\$24,999.

| | | |
|--|---|---|
| Amazon | Mr. Joseph Galante | The Marlene and Spencer Hays Foundation |
| Joseph Sloan Bonsall and Mary Ann Bonsall Foundation | HCA Healthcare Foundation, Inc. | MSB Cockayne Fund, Inc. |
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| Dunkin' Joy in Childhood Foundation | The Milton and Denice Johnson Family Foundation | Washington Foundation |
| First Horizon Foundation | | |

Hickory Society (\$5,000 - \$9,999)

The hickory tree is symbolic of endurance. Hickory Society members have given \$5,000 - \$9,999.

| | | |
|--------------------------------|----------------------------|--|
| Nashville Predators Foundation | Ms. Carol Womack | Ms. Mary Ann Frazer |
| Daniel and Vickie Willis | Craig and Josie Tappel | Marie Lancaster |
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| Baulch Family Foundation | Robert Gregory | Life Extension Foundation |
| Dr. Brian Hemphill | Charlotte and Robert Masek | Michael McKee and Paul Cook |
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| United Way Suncoast | Mr. Charles Cahn | Anne B Davis |
| Mrs. Dana Nelson | James and Claire Haltom | |

Cedar Society (\$2,500 - \$4,999)

The cedar tree is symbolic of healing. Cedar Society members have given \$2,500 - \$4,999.

| | | |
|--|--------------------------------|-------------------------------|
| American Fundraising Foundation Inc. | Douglas and Becky Hellerson | Elizabeth Morris |
| Mr. Glen Bartosh | Holy Family Catholic Church | Stuart Morse |
| David Beeny | Everette and Sherry Howell | Gary Neill |
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The elm tree is symbolic of inner strength. Elm Society members have given \$1,000 - \$4,999.

| | | |
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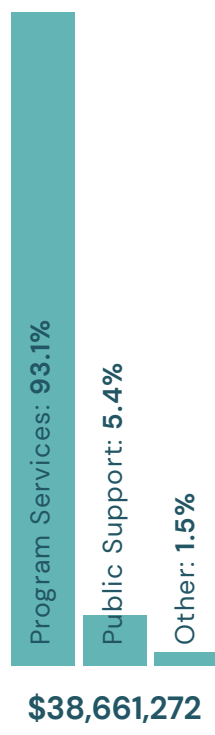
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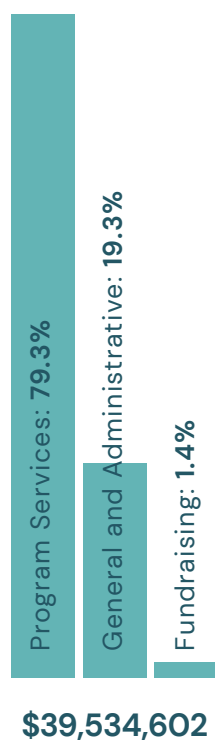
Statements of Financial Position

December 31, 2024 and 2023

Sources of Revenue



Allocation of Total Expenses



| Assets | 2024 | 2023 |
|---|----------------------|----------------------|
| Current assets | | |
| Cash and cash equivalents | \$ 9,636,488 | \$ 8,717,429 |
| Restricted cash | 177,289 | 260,254 |
| Patient accounts receivable | 3,694,984 | 5,276,408 |
| Current portion of pledges receivable, net | 327,824 | 198,973 |
| Prepaid expenses | 336,070 | 363,838 |
| Other current assets | 122,640 | 139,509 |
| <i>Total current assets</i> | <i>\$ 14,295,295</i> | <i>\$ 14,956,411</i> |
| Pledges receivable, net, excluding current portion | \$ 341,417 | \$ 43,444 |
| Investments | 7,658,184 | 7,113,538 |
| Property and equipment, net | 16,269,448 | 16,930,664 |
| Goodwill | 554,293 | 554,293 |
| Long-term deposits and other assets | 145,729 | 145,729 |
| Operating lease right-of-use assets | 407,979 | 327,515 |
| Total Assets | \$ 39,672,345 | \$ 40,071,594 |
| Liabilities and Net Assets | | |
| Current liabilities | | |
| Accounts payable | \$ 876,872 | \$ 869,892 |
| Accrued expenses and other current liabilities | 1,939,209 | 2,263,340 |
| Current portion of operating lease liabilities | 189,107 | 97,443 |
| <i>Total current liabilities</i> | <i>\$ 3,005,188</i> | <i>\$ 3,230,675</i> |
| Operating lease right-of-use liabilities, excluding current portion | \$ 228,087 | \$ 236,979 |
| <i>Total liabilities</i> | <i>\$ 3,233,275</i> | <i>\$ 3,467,654</i> |
| Net assets | | |
| Without donor restrictions | | |
| Undesignated | \$ 27,840,234 | \$ 28,995,198 |
| Board designated | 5,932,516 | 5,549,776 |
| <i>Total net assets without donor restrictions</i> | <i>\$ 33,772,750</i> | <i>\$ 34,544,974</i> |
| With donor restrictions | 2,666,320 | 2,058,966 |
| <i>Total net assets</i> | <i>\$ 36,439,070</i> | <i>\$ 36,603,940</i> |
| Total liabilities and net assets | \$ 39,672,345 | \$ 40,071,594 |



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