



Lean on Us

Our goal is to help promote a greater sense of peace and healing from the emotional pain, distress and disruption that grief can bring.

For help or more information, please contact us at (615) 963-4732 or griefsupport@AliveHospice.org



Grief Support
Know Peace



Grief is a natural response to loss

Everyone experiences grief in their own way.

As part of our mission of service to the community, Alive Hospice has offered professional grief support in Middle Tennessee since 1975.

Each of our counselors has a minimum of 15 years of direct counseling experience with bereaved clients.



“My grief counselor helped me to move on with my life without leaving my loved one behind.” — Barbara Kaye

For information, contact
(615) 327-1085
AliveHospice.org

*Lean on us when
heartbreak and healing
go hand in hand.*



We're here for you

We serve everyone in the community who can benefit from grief support, regardless of whether their loved one was our patient. Alive Hospice offers a variety of programs for adults and children. Together with the griever, we develop a customized care plan taking into account individual needs and circumstances.



Alive Grief Support offers services to anyone who has recently experienced the death of a loved one.

HOW WE HELP

- Individual Counseling: One-on-one sessions with Master's Level Grief Counselors. Up to 30 sessions are free of charge to family and friends of Alive Hospice patients. A fee is charged for those whose loved one was not a patient of Alive Hospice. No one is denied service for inability to pay.
- Support Groups: Eight-week sessions facilitated by professional counselors in various locations.
- Group Memorial Services for families and friends of patients served by Alive Hospice
- Children's grief services: summer day camps in Nashville and Murfreesboro, annual overnight retreat for teens, specialized counseling, and group support
- Bereavement care notes sent for one year to the families and friends of patients served by Alive Hospice
- Holiday Grief Seminars open to the public
- Grief in the Workplace Sessions
- Educational Presentations to Professional and Community Organizations

COST

Our services are not reimbursed through third-party payment and we rely chiefly on grants and donations to pay for the cost of our programs. We ask our clients to contribute as follows:

Individual counseling

For families and friends of Alive Hospice patients: Up to 30 free private counseling sessions with additional sessions at \$30

For all others: \$30 per session

Eight-week support groups

\$40 for ALL participants

Children's day camps

\$30 for three days

Teen retreat weekend

\$50 for three days, two nights



As part of Alive Hospice's commitment, we serve all who request our care and can reduce or waive all grief support fees for those who cannot afford them.